Self-managed abortion with misoprostol is about 85 percent effective in the first 12 weeks of pregnancy.

The World Health Organization protocol for self-managed abortion with misoprostol requires a total of 12 tablets (200 mcg) each.

Four tablets are placed under the tongue at a time and allowed to dissolve for 30 minutes, with any remainder swallowed. After three hours, the process is repeated with an additional four tablets allowed to dissolve for 30 minutes, with any remainder swallowed. After three more hours, the process is repeated with the final four tablets allowed to dissolve for 30 minutes, with any remainder swallowed.

Normal side effects of misoprostol include: heavy cramps, bleeding, nausea, vomiting, diarrhea, and chills. Though very rare, signs of potential complications that should be treated at a hospital include: heavy bleeding that soaks more than two sanitary pads per hour for more than two hours, high fever, and severe pain.

Self-managed abortion with pills taken orally presents like a miscarriage, and rare complications are treated in exactly the same way as miscarriage is treated. If a person needs medical help, they should seek it and report they are having a miscarriage. Disclosing use of abortion pills to medical staff or anyone else puts a person in danger of being prosecuted. At least 20 women have been arrested for ending their pregnancies.

Everyone should be able to have an abortion on their own terms – whether that is at a clinic or in the privacy of their own home. Reproaction recognizes there is no role for the criminal punishment system in pursuit of reproductive health care, and fights for that future.

Abortion pills are magic. Get involved with Reproaction.

www.reproaction.org